## Diagnosis and prevention in those at risk



Many health care professionals do not know enough about HF. Many may not recognise HF symptoms in their patients as a result

## Time is critical with HF:

A delay to hospital treatment as little as 4-6 hours after acute onset of HF symptoms appear can increase a patient's risk of death.<sup>1</sup>



## The risk of developing HF can be reduced by as much as 80%

through the adoption of healthier lifestyles and treatment of cardio-vascular risk factors.



There are clear



Shortness of breath



Swollen limbs