

Multidisciplinary, person-centred care

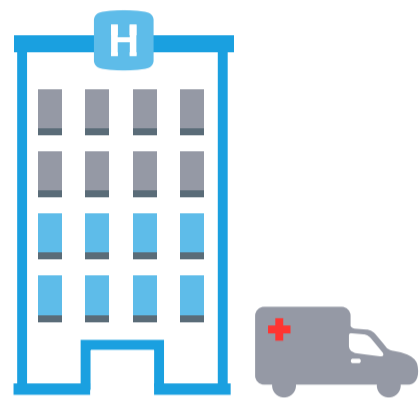
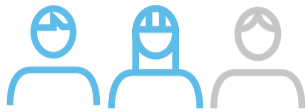
Outcomes for people with HF are worse than breast, prostate, and bowel cancer.¹

Of patients hospitalised with HF:

1 in 4 will be readmitted to hospital within one month^{2,3}



1 in 3 will die within 1 year⁴



Over 50% of unplanned hospital admissions for HF can be prevented

through better follow-up and transitions of care^{5,6,7,8}

Multidisciplinary care for patients hospitalised with HF works.^{9,10,11,12,13}

We are just not applying it as consistently as we should



Cost-effective



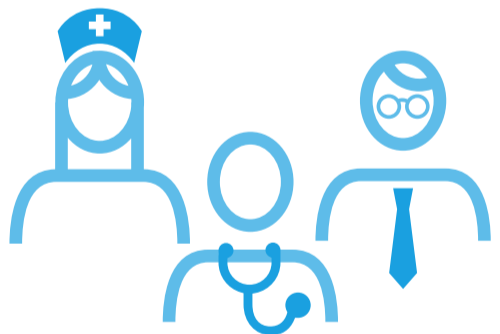
Reduces length of stay



Leads to lower rates of death

Who should be involved in the multidisciplinary team?

- Internists
- GPs
- Cardiologists
- Psychologists
- Physiotherapists
- Nurses
- Dieticians
- Social workers
- Pharmacists
- Palliative care specialists



Person-centred approaches are

essential

in heart failure



Self-management is a critical part of good HF care

It can enhance quality of life and improve adherence to treatment^{14,15}

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